FUNDAMENTALS FOR GOOD DADS©



SNEAK PEEK OF MODULE 1 →



MODULE 1

PRE-GAME WARM-UP

ACTIVITIES & OBJECTIVES

- Discuss the traits, attitudes and habits a good coach needs. Explore the similarities between good coaches and great parents.
- Describe the kind of home you envision for yourself and your family.
- Establish rapport with your fellow participants and begin to build friendships.
- Work together to determine expectations for group behavior during class.

OUR FAVORITE QUOTE:

Good “fundamentals” are required for success in any area of life.

When something is fundamental, we consider it to be necessary and essential. Without good fundamentals, it’s difficult, or nearly impossible, to be successful.

We can learn a lot about the fundamentals of great parents by comparing parenthood to coaching a sports team. What are the “fundamentals” of a great coach?

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