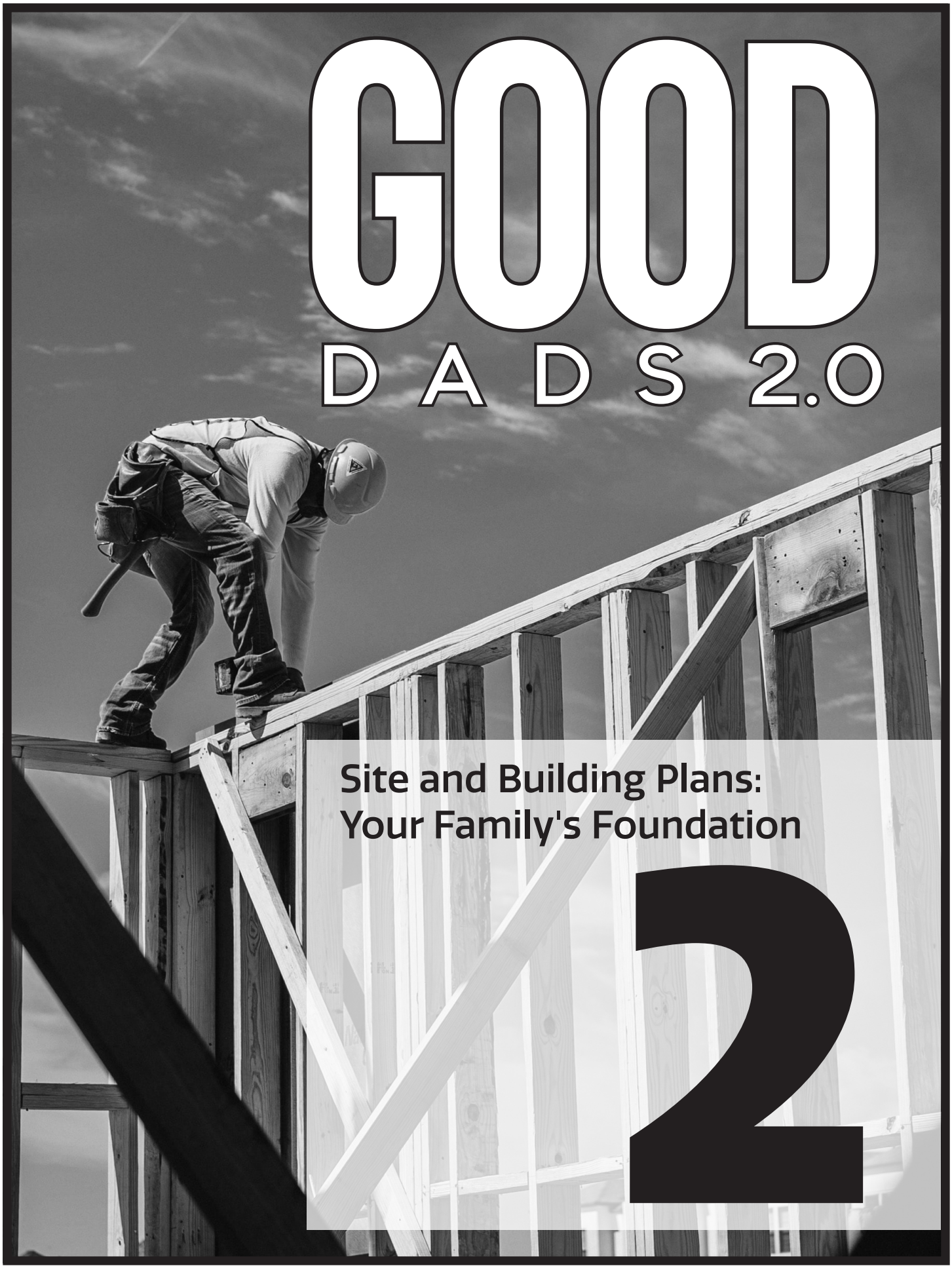


GOOD DADS 2.0

Site and Building Plans: Your Family's Foundation

2

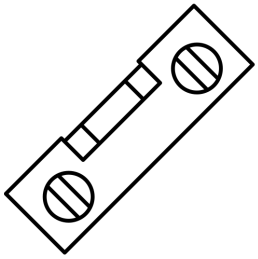
FOLLOWING THE Plans

Directions: Listen to the contractors in the **Contractor Clip**. Why are site and building plans important for a successful outcome? Use the space below to write down your answer.

PAIRED Share



Directions: Write about a time you tried to build something as a child without a clear plan. How did it work out? How did the structure stand the test of time? When you have finished writing, share with one other man in the room.



PLUM BOBS, LEVELS, LASERS, & Squares

Directions: Use the space below each question to record your responses. There are no right or wrong answers, but be ready to share with the group.

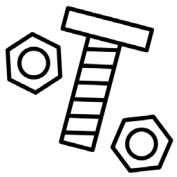
In what ways do other folks run their families differently from the way you run your family?

What is your definition of the word *value*?

What kinds of values do you see as important for a man to be a good dad? Why are these important?

What values or standards are most important to the way you live your life?

WHAT'S IN YOUR
Building Code?



Directions: Put a checkmark in the appropriate column to indicate the value of each item to you. When you have finished, go back with a different color of pen, pencil, or highlighter to mark five items **most** important to you and five items **least** important to you.

What I Value	Very Important	Somewhat Important	Least Important
Being well-known in the community.			
Personal appearance.			
Having successful children.			
Being happily married/in a committed relationship.			
Being a great dad.			
Having fun.			
Having the respect of others.			
Financial security.			
Having an enjoyable job.			
Spending time with friends.			
Helping others in the community.			
Having a nice car.			
Living by my faith/beliefs.			
Having a healthy sexual relationship with my partner.			
Getting along with my extended family.			
Expressing my creativity (music, writing, drawing, etc).			
Having trustworthy friends.			
Being fit and healthy.			
Living according to my cultural traditions.			
Attaining higher education (anything after high school).			
Caring for aging parents.			
Owning a home.			
Traveling.			

CONSTRUCTION CREW
Activity



Directions: In groups of 3-4, answer the following questions.

Name 1-2 more values that aren't on the list already. Why do you value them?

How are your values similar or different from the family in which you grew up?

How do your values influence your day-to-day decisions?

Which values are more difficult to reflect in your day-to-day life?

WHAT STANDARDS DO YOU Stand for?



When talking about beliefs and values, it is important to understand that others may not agree with us, but by having a calm, clear discussion both parties can gain knowledge and understanding of each other.

Directions: The following statements are designed to help you see what you value. After each statement, rank your agreement with the statement on a scale from "1" to "10," with "1" being "**Strongly Disagree**" and "10" being "**Strongly Agree**." Don't worry—there's plenty of room in the middle.

EXAMPLE:

"Women give children emotional help; men give them real-world help."

1 — X — 5 — 10

Strongly Disagree — Neutral — Strongly Agree

Men and women can care for children equally.

Fathers should stop showing affection to their sons when they become teenagers.

Once you have a child, you become a man.

Men who father children should be forced to pay child support.

A man who shows his emotions too often should be considered weak.

It is a woman's responsibility, not a man's, to use birth control.

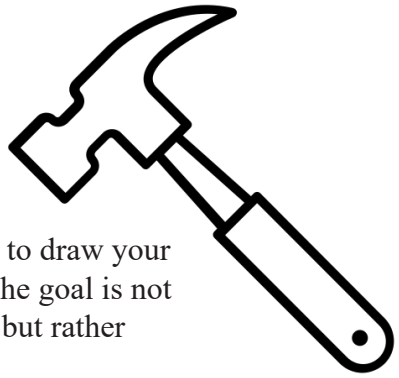
A man should take any job available to support his family.

There are things a man should never tell his partner.

Marriage messes up good relationships between men and women.

It is not a father's job to do things like change diapers, bathe or feed young children.

Nailing it Down



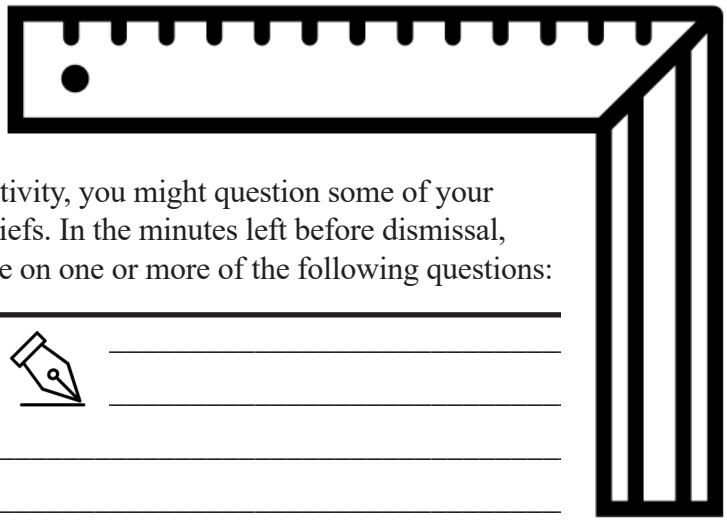
Directions: How do our values define our freedom? Is that a good thing? Consider these questions as you use the **Word Bank** below, plus pencils, pens, markers, colored pencils, or other media to draw your childhood home on a piece of paper provided by your facilitator. The goal is not necessarily to create a faithful representation of your actual home, but rather to illustrate symbolically what it was like growing up there.

Word Bank

Sturdy	**Fun**	**Organized**	**Annoying**
Energetic	**Spooky**	**Safe**	**Quiet**
Chaotic	**Falling Apart**	**Cozy**	**Welcoming**
Proud	**Harmony**	**Sad**	**Lonely**
Shame	**Ugly**	**Expensive**	**Big**
Tidy	**Small**	**Messy**	**Flimsy**

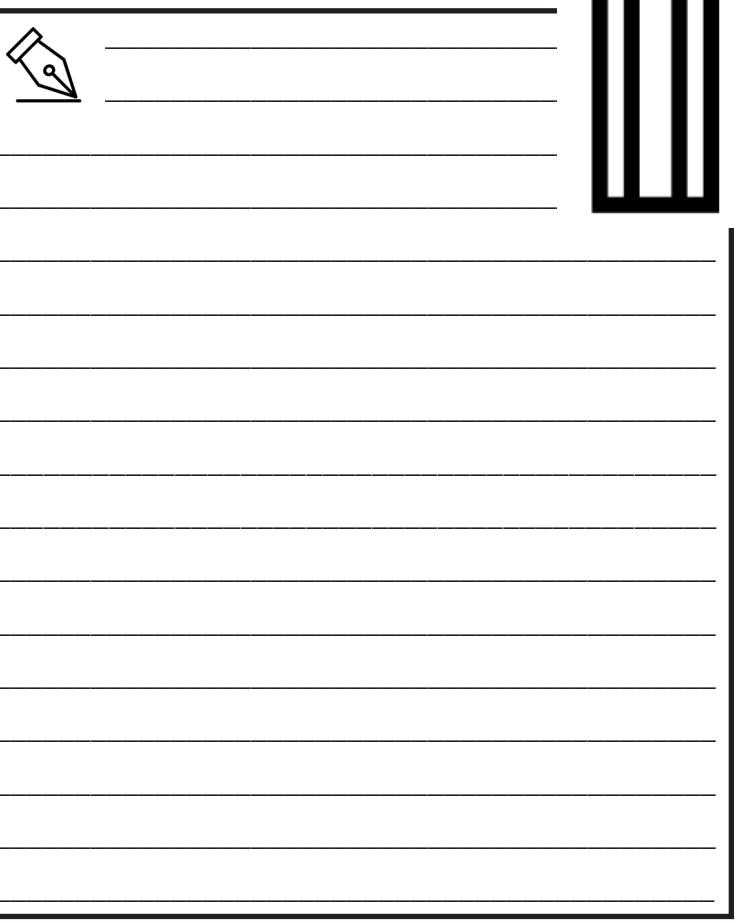
Directions: On a separate sheet of paper, draw your **ideal home** using the same concepts from the **Word Bank** as a jumping-off point. **Remember**: The goal is to illustrate a happy home symbolically; artistic talent is not important. Be prepared to describe the symbolism of the drawings to the group.

CHECKING FOR
Square



After completing the **Nailing it Down** activity, you might question some of your values or become even firmer in your beliefs. In the minutes left before dismissal, think about the things you value and write on one or more of the following questions:

- **Does my behavior in the real world fit with how I ranked my values?**
- **Can I explain any discrepancies between what I wrote and how I behave?**
- **What happens when I don't behave according**
- **to my values?**
- **What values did I have when I was a child? Have my values changed?**
- **What values do I want to pass onto my children? Are there any I want to change so they don't inherit them?**
- **How will I communicate and lead my children in my most important values?**



YOUNGBLOOD

GOOD DADS

"Helping Kids One Dad at a Time"

205 West Walnut Street, Suite 10
Springfield, MO 65806
417.501.8867
www.gooddads.com

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